



LVA COVID-19 SAFETY PLAN

Revision 08/19/2021

Table of Contents

- 1. Introduction 3
- 2. General Rules..... 3
- 3. Physical Distancing 4
- 4. Health Screenings 4
- 5. COVID-19 Symptoms Checks..... 5
- 6. Exposure / Quarantine / Testing 5
- 7. Positive COVID-19 Cases..... 6
- 8. Food Service / Lunch / Snacks 6
- 9. Daycare 6
- 10. Cleaning..... 6
- 11. Notification / Reporting 7

1. Introduction

LVA's original safety plan was developed in response to the COVID-19 pandemic, which resulted in a Shelter-In-Place-Order effective March 17, 2020, issued by the Alameda County Health Authorities. It since has been updated to incorporate the latest guidance.

Livermore Valley Academy complies with all local, state, and federal guidelines with regards to maintaining the health safety and welfare of our program participants.

As the current situation remains fluid specifically due to the raise in cases and a growing concern over the Delta variant, guidelines may change rapidly, and LVA may update this Safety Plan without notice.

This document provides a detailed overview for our LVA community on how to provide a safe and healthy environment for our students and staff members.

2. General Rules

- All LVA staff and students are required to wear masks indoors, with exemptions per [CDPH face mask guidance](#).
- Masks are optional outdoors. If you require your child to wear a mask outdoors as well, please notify your classroom teacher and LVA Administration in writing.
- LVA is planning to fully comply with [CDPH's August 11, 2021 Health Order](#) by October 15, 2021.
- LVA is encouraging all eligible persons including teachers, staff, students and adults sharing homes with the students of our LVA community to get vaccinated.
- Parents / Guardians will not be permitted in the school building unless during drop off and pick up or prior approval is granted by LVA Administration. Masks will need to be worn during drop off and pick up and by all visitors regardless of vaccination status.
- LVA Administration may conduct health checks for students, staff, and visitors as deemed necessary.
- Any student or staff member who feels sick and shows symptoms will not be allowed to return for in-person instruction until CDPH criteria have been met
- Assignments may be made available, so students and parents don't have to worry about falling behind academically.
- While social distancing is not any longer required, distancing rules will be taught to the students and followed when possible and applicable.
- Frequent handwashing and hand sanitizing will be encouraged.
- Hand sanitizing will be mandatory at arrival, before and after meal / snack times and before and after outdoor activity and otherwise at least once every hour.
- Bathrooms and high touch areas will be cleaned frequently.
- All students are required to bring their own mask labeled with their own name on it – no exceptions.

- All students are required to bring their own water bottles; water fountains will be disinfected regularly – drinking directly from the water fountain will be prohibited.
- All student belongings included backpacks, water bottles, lunch boxes, and food containers will need to be clearly labeled with the student's name to keep belongings separated.
- NO TOYS FROM HOME unless given permission by classroom teacher or LVA admin.
- Student desks will be cleaned daily.
- Any visitors or volunteers who are visiting the school with prior approval will always be required to wear masks.
- Health Education, according to grade level, will be incorporated in the weekly lesson plan.

3. Physical Distancing

- Per CDPH guidance, there are no physical distancing requirements indoors with universal masking or outdoors, however, best practice for physical distancing will be followed where possible
- Per CDPH guidance, there are no physical distancing requirements while eating lunch, however, if students are eating lunch indoors, it is recommended and best practice to have students moderately distanced.

4. Health Screenings

- Daily health questionnaires will not need to be filled out prior to a student coming to school. Parents and students should monitor for COVID symptoms prior to entering a school campus. Anyone who is sick with symptoms of COVID-19 should stay home and call their medical provider for advice. Those symptoms include:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue (tiredness)
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
- LVA may conduct health checks including temperature screens as deemed necessary

5. COVID-19 Symptoms Checks

- Both vaccinated and unvaccinated students have three options (see [COVID Flowchart for Parents](#)) if they are experiencing COVID-related symptoms:
 - **Option 1:** Isolate for 10 days; return to school on day 11 and when fever is gone for 24 hours.
 - **Option 2:** Get tested and continue to quarantine. Return to school on day 11 and when fever is gone for 24 hours. Positive test, please contact LVA Administration.
 - **Option 3:** Obtain a note from your healthcare provider for an alternative diagnosis and continue to quarantine. Return to school on day 11 and when fever is gone for 24 hours.

6. Exposure / Quarantine / Testing

- **Close contacts are individuals who have spent more than 15 minutes (cumulatively) over a 24-hour period within 6 feet indoors of a COVID-19 positive individual.**
- Quarantine for students will be required under the following circumstances:
 - They are exhibiting COVID-related symptoms at any time
 - They test positive for COVID-19
 - If they have been confirmed as a close contact to a positive COVID case exposure
- Modified quarantine may be approved for unvaccinated closed contacts for a return to school after Day 7 from last exposure by LVA administration under the following circumstances:
 - Student is asymptomatic, and
 - Student continues to wear a mask, and
 - Student will continue to refrain from before and after school daycare as well as clubs or extracurricular activities at school for the full 10-day quarantine period, and
 - Student tests negative with specimen collected after Day 5 from the date of last exposure
- Asymptomatic, fully vaccinated close contacts do not need to quarantine, but should self-monitor for symptoms for 14 days after last exposure and get tested if any COVID-19 symptoms develop.
- Students and staff members who have been in close contact with a COVID-19 positive individual, must provide proof of vaccination to their school site to avoid quarantine. Individuals that do not provide proof of vaccination are considered unvaccinated and must follow quarantine protocols.
**Individuals are considered fully vaccinated 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or 2 weeks after a single-dose such as Johnson & Johnson.*

7. Positive COVID-19 Cases

- Please inform LVA Administration as soon as possible so that the contact tracing process can start.
- Isolate for 10 days and return to school on day 11 and when fever is gone for 24 hours. See the [COVID Flowchart for Parents](#) from the Alameda County Office of Education.
- A negative COVID test is not required to return to school after isolation.
- If your student is determined to have been in close contact with a confirmed case at LVA, you will be notified.
- Asymptomatic, fully vaccinated students and staff members do not need to quarantine when a member of their household tests positive for COVID-19, but they should use other mitigation strategies at home such as physical distancing, masking and self-monitoring for symptoms for 14 days. If any COVID-19 symptoms develop, they should isolate and get tested right away.

8. Food Service / Lunch / Snacks

- *SNACKS ONLY*, **NO** lunches will be provided unless specifically announced (e.g. Pizza Friday).
- Students bring their own meals as feasible.
- Lunches from home must be in a microwavable container and accompanied by utensils from home.
- Meals will be served individually plated by authorized staff.
- The LVA staff members will only handle condiments.
- Snacks for purchase will be individually wrapped and only served by authorized staff members.
- LVA plates and utensils will be properly cleaned and disinfected after each use.
- If feasible and weather permits, classes may take their lunch break outside.

9. Daycare

- Providing before and after school care is an essential service for our community at LVA.
- The sharing of toys during daycare cannot be fully avoided, but those frequently used toys will be cleaned daily.
- Students in daycare will be encouraged to wash or sanitize their hands frequently.

10. Cleaning

- Daily cleaning will include bathrooms and high touch areas
- Lunchroom tables are being cleaned in-between different lunch groups

- All students are encouraged to frequently wash and disinfect their hands regularly throughout the day

11. Notification / Reporting

- If a student or the people that resides with them have been diagnosed with COVID-19 or have had close contact with a person diagnosed with COVID-19 they are required to do the following:
 1. Inform LVA Administration immediately
 2. Stay at home (self-quarantine) and self-monitor / monitor student for symptoms
 3. Follow local, state and federal guidance if symptoms develop
- In accordance with state and local guidelines, LVA will advise local health officials, staff, and families immediately of any case of COVID-19 while maintaining confidentiality in accordance with the Americans with Disabilities Act (ADA).

DISCLAIMER: LVA Safety Plan is based on local, state, federal and CDC guidelines and in accordance to California's COVID-19 Public Health Guidance for K-12 Schools in California, 2021-2022 School Year.

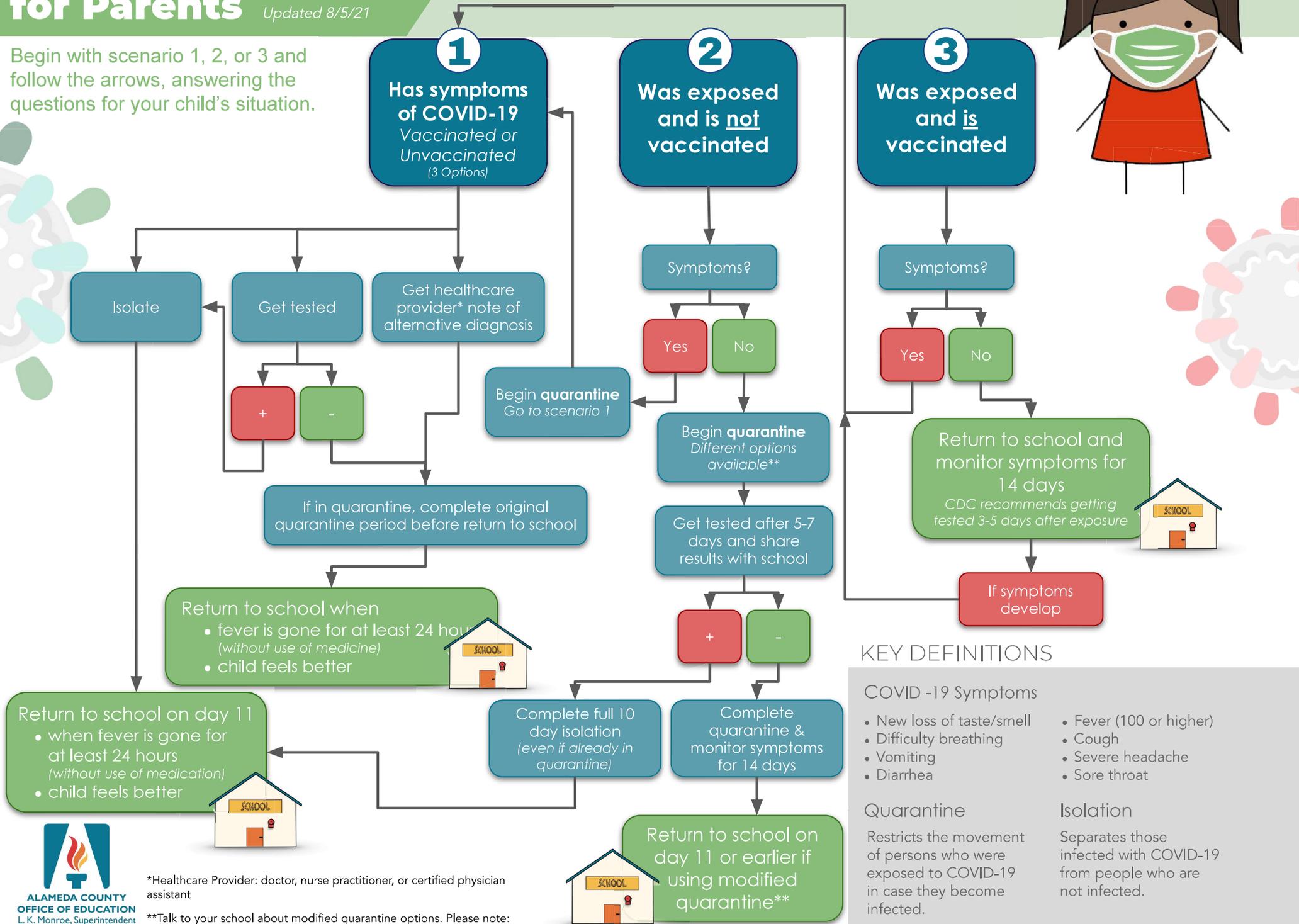
COVID-19 Flowchart for Parents

Updated 8/5/21

MY CHILD...



Begin with scenario 1, 2, or 3 and follow the arrows, answering the questions for your child's situation.



Return to school when

- fever is gone for at least 24 hours (without use of medicine)
- child feels better

Return to school on day 11

- when fever is gone for at least 24 hours (without use of medication)
- child feels better

KEY DEFINITIONS

COVID -19 Symptoms

- New loss of taste/smell
- Difficulty breathing
- Vomiting
- Diarrhea
- Fever (100 or higher)
- Cough
- Severe headache
- Sore throat

Quarantine

Restricts the movement of persons who were exposed to COVID-19 in case they become infected.

Isolation

Separates those infected with COVID-19 from people who are not infected.

*Healthcare Provider: doctor, nurse practitioner, or certified physician assistant

**Talk to your school about modified quarantine options. Please note: modified quarantine only applies to school and not extracurriculars or sports