



LVA COVID-19 SAFETY PLAN

Revision 08/15/2022

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1. Introduction

LVA's original safety plan was developed in response to the COVID-19 pandemic, which resulted in a Shelter-In-Place-Order effective March 17, 2020, issued by the Alameda County Health Authorities. It since has been updated to incorporate the latest guidance.

Livermore Valley Academy complies with all local, state, and federal guidelines with regards to maintaining the health safety and welfare of our program participants.

As the current situation remains fluid specifically due to the raise in cases and a growing concern over the Delta variant, guidelines may change rapidly, and LVA may update this Safety Plan without notice.

This document provides a detailed overview for our LVA community on how to provide a safe and healthy environment for our students and staff members.

2. General Rules

- LVA follows the guidance provided by the Alameda County Health Department and Alameda County Department of Education. Please follow the below links for more details:
 - [Alameda County School Opening Guidance](#)
 - [Alameda County Department of Education School Reopening Guidance](#)
- Wearing of masks for students and staff is strongly recommended as per the guidance of California's Department for Public Health [CDPH face mask guidance](#).
- Masks are optional outdoors. If you require your child to wear a mask outdoors as well, please notify your classroom teacher and LVA Administration in writing.
- LVA is encouraging all eligible persons including teachers, staff, students and adults sharing homes with the students of our LVA community to get vaccinated.
- Parents / Guardians will not be permitted in the school building unless during drop off and pick up within dedicated areas or prior approval is granted by LVA Administration. The wearing of masks by visitors is strongly recommended but not required.
- LVA Administration may conduct health checks for students, staff, and visitors as deemed necessary.
- Any student or staff member who feels sick and shows symptoms will not be allowed to return for in-person instruction until CDPH criteria have been met.
- Assignments may be made available, so students and parents don't have to worry about falling behind academically.
- While social distancing is not any longer required, distancing rules will be taught to the students and followed when possible and applicable.
- Frequent handwashing and hand sanitizing will be encouraged.

- Hand sanitizing will be mandatory at arrival, before and after meal / snack times and before and after outdoor activity and otherwise at least once every hour.
- Bathrooms and high touch areas will be cleaned frequently.
- All students are required to bring their own mask labeled with their own name on it – no exceptions.
- All students are required to bring their own water bottles; water fountains will be disinfected regularly – drinking directly from the water fountain will be prohibited.
- All student belongings included backpacks, water bottles, lunch boxes, and food containers will need to be clearly labeled with the student’s name to keep belongings separated.
- NO TOYS FROM HOME unless given permission by classroom teacher or LVA admin.
- Student desks will be cleaned daily.
- Any visitors or volunteers who are visiting the school with prior approval are encouraged to wear a mask.
- Health Education, according to grade level, will be incorporated in the weekly lesson plan.

3. Physical Distancing

- Per CDPH guidance, there are no physical distancing requirements indoors or outdoors, however, best practice for physical distancing will be followed where possible.

4. Health Screenings

- Parents and students should monitor for COVID symptoms prior to entering a school campus. Anyone who is sick with symptoms of COVID-19 should stay home and call their medical provider for advice. Those symptoms include:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue (tiredness)
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea

5. COVID-19 Close Contact, Infectious Period, Exposure, Isolation & Testing

- Regardless of vaccination status LVA follows the following guidance outlined in [COVID Flowchart for Parents](#) by the Alameda County Department of Education (please also see the end of this document).

Close Contact Definition:

- Someone sharing the same indoor airspace, e.g., home, clinic waiting room, airplane etc., for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes) during an infected person's (laboratory-confirmed or a [clinical diagnosis](#)) Infectious period.

High-Risk Contact Definition:

- Someone who may experience severe illness if they become infected with COVID-19 or for whom the transmission potential is high (high intensity/duration of indoor exposure). Examples of high-risk contacts include: immunocompromised persons and household contacts of cases.

Infectious Period Definition:

- For symptomatic infected persons, 2 days before the infected person had any symptoms through Day 10 after symptoms first appeared (or through Days 5-10 if testing negative on Day 5 or later), and 24 hours have passed with no fever, without the use of fever-reducing medications, and symptoms have improved, OR
- For asymptomatic infected persons, 2 days before the positive specimen collection date through Day 10 after positive specimen collection date (or through Days 5-10 if testing negative on Day 5 or later) after specimen collection date for their first positive COVID-19 test.

For the purposes of identifying close contacts and exposures, infected persons who test negative on or after Day 5 and end isolation, in accordance with this guidance, are no longer considered to be within their infectious period. Such persons should continue to follow CDPH isolation recommendations, including wearing a well-fitting face mask through Day 10

Table 1: Persons Who Should Isolate

Persons Who Test Positive for COVID-19	Recommended Actions
<p>Everyone, regardless of vaccination status, previous infection or lack of symptoms.</p>	<ul style="list-style-type: none"> • Stay home (PDF) for at least 5 days after start of symptoms (or after date of first positive test if no symptoms). • Isolation can end after Day 5 if symptoms are not present or are resolving and a diagnostic specimen* collected on Day 5 or later tests negative. • If unable to test, choosing not to test, or testing positive on Day 5 (or later), isolation can end after Day 10 if fever-free for 24 hours without the use of fever-reducing medications. • If fever is present, isolation should be continued until 24 hours after fever resolves. • If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after Day 10. If symptoms are severe, or if the infected person is at high risk of serious disease, or if they have questions concerning care, infected persons should contact their healthcare provider for available treatments. • Per CDPH masking guidance, infected persons should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see masking section below for additional information). <p>*Antigen test preferred.</p>

Table 2: Close Contacts - General Public (No Quarantine)

Asymptomatic Persons Who are Exposed to Someone with COVID-19 (No Quarantine)	Recommended Actions
<p>Everyone, regardless of vaccination status.</p> <p>Persons infected within the prior 90 days do not need to be tested, quarantined, or excluded from work unless symptoms develop.</p>	<ul style="list-style-type: none"> • Test within 3-5 days after last exposure. • Per CDPH masking guidance, close contacts should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings and when near those at higher risk for severe COVID-19 disease (see masking section below for additional information). • Strongly encouraged to get vaccinated or boosted. • If symptoms develop, test and stay home (see earlier section on symptomatic persons), AND • If test result is positive, follow isolation recommendations above (Table 1).

- For details on high risk exposures and settings please see [Isolation and Quarantine Recommendations for the General Public](#) provided by the California Department of Public Health.

6. COVID-19 Testing at LVA

- LVA is in the fortunate position to provide FREE testing to students, staff and community members
- To take advantage of testing at LVA, one must be registered to the Primary Health platform and consent must have been provided via the Primary Health platform.
- To register and provide consent at Primary Health, please follow the outlined links:
 - [Student Registration](#)
 - [Staff Registration](#)
 - [Community Members Registration](#)

7. Food Service / Lunch / Snacks

- *SNACKS ONLY*, **NO** lunches will be provided unless specifically announced (e.g. Pizza Friday).
- Students bring their own meals as feasible.
- Lunches from home must be in a microwaveable container and accompanied by utensils from home.
- Meals will be served individually plated by authorized staff.
- The LVA staff members will only handle condiments.
- Snacks for purchase will be individually wrapped and only served by authorized staff members.
- LVA plates and utensils will be properly cleaned and disinfected after each use.
- If feasible and weather permits, classes may take their lunch break outside.

8. Daycare

- Providing before and after school care is an essential service for our community at LVA.
- The sharing of toys during daycare cannot be fully avoided, but those frequently used toys will be cleaned daily.
- Students in daycare will be encouraged to wash or sanitize their hands frequently.

9. Cleaning

- Daily cleaning will include bathrooms and high touch areas
- Lunchroom tables are being cleaned in-between different lunch groups
- All students are encouraged to frequently wash and disinfect their hands regularly throughout the day

10. Notification / Reporting

- If a student or the people that resides with them have been diagnosed with COVID-19 or have had close contact with a person diagnosed with COVID-19 they are required to do the following:
 1. Inform LVA Administration immediately
 2. Stay at home (self-quarantine) and self-monitor / monitor student for symptoms
 3. Follow local, state and federal guidance if symptoms develop
- In accordance with state and local guidelines, LVA will advise local health officials, staff, and families immediately of any case of COVID-19 while maintaining confidentiality in accordance with the Americans with Disabilities Act (ADA).

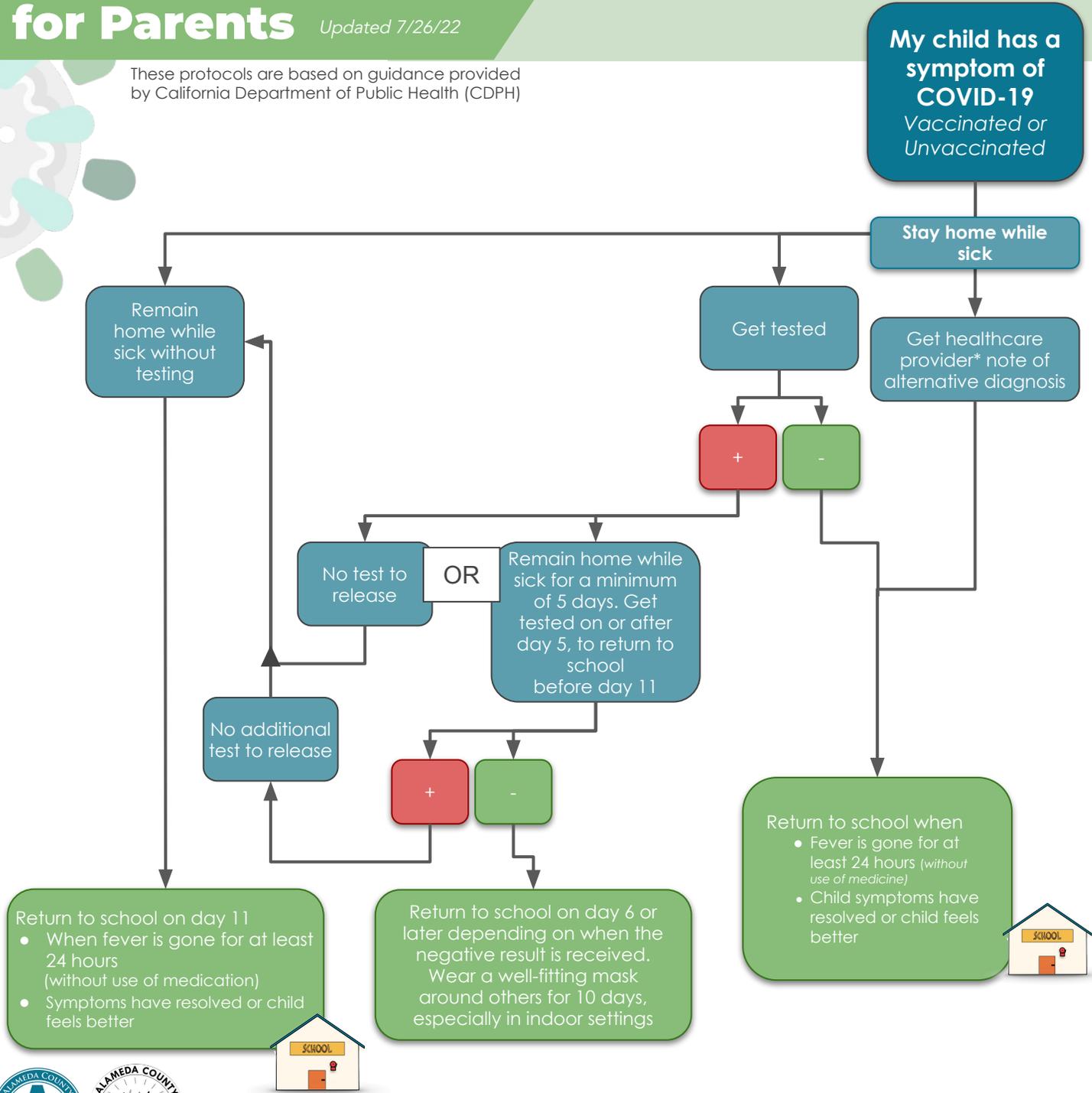
DISCLAIMER: LVA Safety Plan is based on local, state, federal and CDC guidelines and in accordance to California's COVID-19 Public Health Guidance for K-12 Schools in California, 2022-2023 School Year.

COVID-19 Flowchart for Parents

Updated 7/26/22

Begin with the teal box and follow the arrows, answering the questions for your situation.

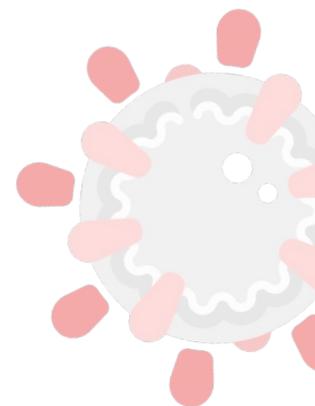
These protocols are based on guidance provided by California Department of Public Health (CDPH)



KEY DEFINITIONS

COVID -19 Symptoms

- Fever or chills
- Sore throat
- Cough
- New loss of taste or smell
- Headache
- Nausea or vomiting
- Diarrhea
- Shortness of breath or difficulty breathing
- Congestion or runny nose
- Fatigue
- Muscle or body aches



Strongly recommended for all scenarios: wear a well-fitting mask around others at all times, especially indoors, for 10 days after exposure, showing symptoms, or a positive test.

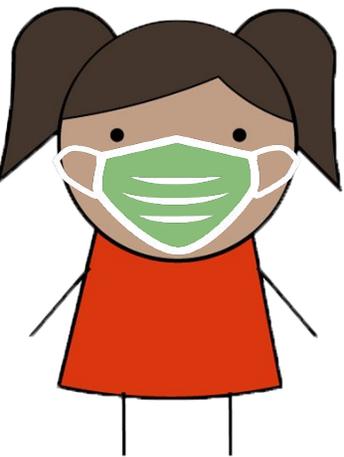
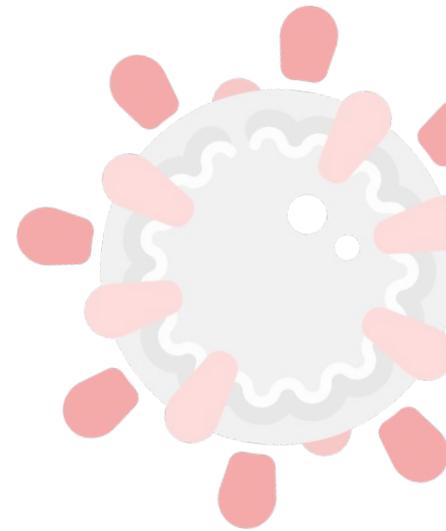
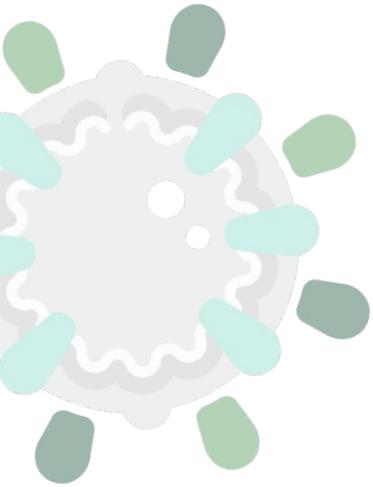


*Healthcare Provider: doctor, nurse practitioner, or certified physician assistant

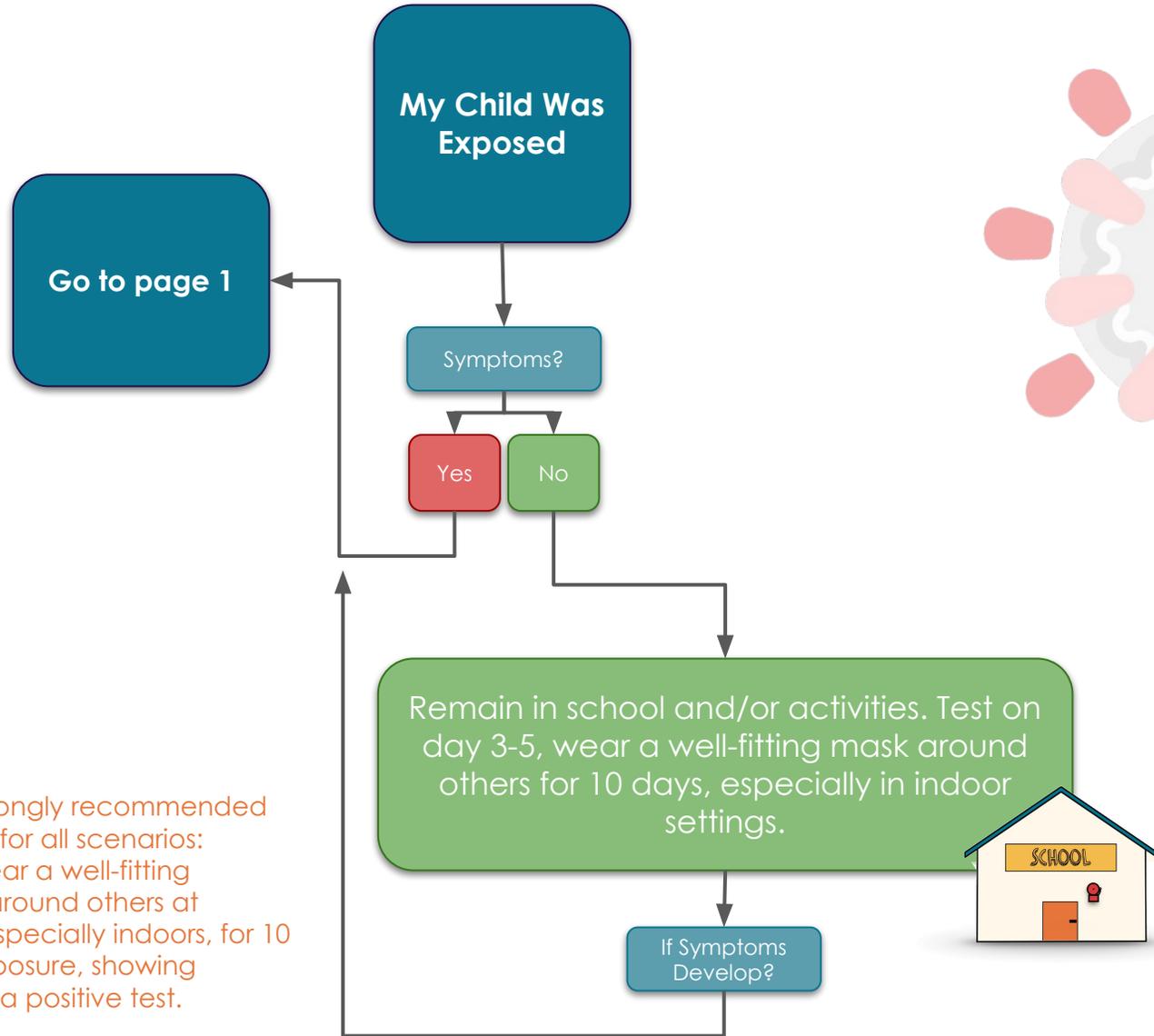
COVID-19 Flowchart for Parents

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These protocols are based on guidance provided by California Department of Public Health (CDPH)



Strongly recommended for all scenarios: wear a well-fitting mask around others at all times, especially indoors, for 10 days after exposure, showing symptoms, or a positive test.



Note: Persons infected within the prior 90 days do not need to be tested unless symptoms develop.